

INDEPENDENT STUDY ATHLETICS – Sports and Criteria**Criteria verification MUST accompany all ISA applications!**

Crew	Competed a minimum of 1 season in a varsity boat (excludes Novice Level)
Cycling	Ranked in the top 15 at Nationals in age division
Dance	Must meet <u>ALL</u> of the sections below: -Competed in at least <u>2</u> of the following competitions or like competitions the prior school year. (Jump - West Coast Dance Explosion-StarQuest-KAR-NUVO - Showstoppers, Spotlight or YAGP) -All advanced Level Classes for age -Must dance in the Studio's Company - Letter of verification from studio -List Summer Intensive Program(s) attended/auditioned
Equestrian	Competed and placed in 2 shows: Del Mar National's - Hits Desert Circuit - L.A. Jumping Festival (or like shows)
Fencing	US Fencing Association Rolling Point Standing for the athlete's age group or higher OR have a minimum USFA Rating of E or above.
Figure Skating	Juvenile (MBMS) Intermediate and above (MCHS)
Golf	AJGA Ranking - Top 150 (By Age)
Gymnastics	Competing at Level 6 - Optional Routines ONLY! (MBMS) Competing at Level 7 - Optional Routines ONLY! (MCHS)
Ice Hockey	Tier 1 or AAA
Martial Arts	Black Belt
Rock Climbing	Competed at Nationals (Individual not Team)
Sailing	Competed at Nationals the prior school year (2020-21)
Swimming	Meet Times 3 of 5 events: Motivational Times BB Times – MBMS A Times – MCHS
Tennis	USTA Junior Ranking - Top 150 (By age / Open Rankings ONLY!)

Sports not qualifying for the ISA Program include, but are not limited to: Football, Baseball, Softball, Basketball, Volleyball (Indoor and/or Sand), Soccer, Water Polo and Surf.

Outside gym and/or weight training programs may **NOT** be included in the minimum required hours!